



Watermelon Feta Stack

1 whole watermelon, cut into 4-inch rectangles
1 block feta cheese, cut into 4-inch rectangles
4 mint leaves, chiffonade
2 oz crushed Marcona almonds
2 oz fig balsamic glaze

Place two pieces of watermelon on the plate and stack with two feta sticks, making a square. Add two more watermelon sticks on top and finish with crushed nuts, mint and balsamic glaze.



Tapas Valencia

3 prawns, peeled and deveined
¼ cup red onions, julienned
1 oz diced garlic
1 tbsp lemon juice
¼ cup eggplant, diced
¼ cup arugula
Paprika
White wine
Salt and pepper

In a hot skillet, add oil and sauté the onions, garlic, eggplant and prawns. Once the prawns are cooked all the way through—may take up to three minutes depending on the size of the prawn—add the seasonings and white wine. Allow to reduce, and squeeze fresh lemon juice over the top. Serve on a plate with arugula. ■



Goat Cheese Brulee

1 tbsp red onion, diced
2 dates, pitted and diced
6-8 candied pecans
2 tbsp sliced beets
3 cups spring salad mix
2 tbsp fig balsamic glaze
2 oz goat cheese

In a large salad bowl, add the spring mix, onions, dates, pecans and goat cheese. In the middle, add the beets, and drizzle with balsamic glaze.

HELP WANTED

Union Mission

UNION MISSION IS SEEKING HELP FROM BUSINESSES IN WEST VIRGINIA. By partnering and investing with Union Mission, businesses can be a part of:

- **Helping West Virginia families transition through job loss and relocation due to a challenging economy.**
- **Sheltering the homeless and providing their most basic needs, thus reducing the burden on local municipalities.**
- **Bringing men and women out of the grip of addiction, thus producing a more reliable, more employable workforce.**

For details on how you can invest with Union Mission and West Virginia communities, visit unionmission.com or call Tammy at 304.926.0366 x164

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